## Bereavement Peer Support Group

in Stockwood

Our Peer Support Group '**STAR**' provides free support to anybody who is experiencing loss. The aim of the support group is to create a safe space for people to receive support, to be listened to and to hear from others who have also experienced loss in their life.

For more information on how to join the group, please contact: Jan on 07825759441 or Debs on 07773420980



## Drop-in sessions:

First & third Tuesday of every month 6pm—8pm at Stockwood Free Church, Ladman Rd, Stockwood, Bristol BS14 8QH

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